

# VIRTUAL Class Timetable

## Teme Ludlow

Accurate as of 30/04/2024

### Times for Wednesday 23 May



Time	Session	Facility
08:00 - 09:00	BODYBALANCE™ Virtual	Studio 2
10:10 - 10:40	CXWORX™ Virtual	Studio 2
10:45 - 11:45	BODYCOMBAT™ Virtual	Studio 2
15:45 - 16:15	BODYCOMBAT™ Virtual	Studio 2
20:30 - 21:30	BODYBALANCE™ Virtual	Studio 2