

# VIRTUAL Class Timetable

## Teme Ludlow

Accurate as of 20/04/2024

### Times for Saturday 26 May



| Time          | Session              | Facility |
|---------------|----------------------|----------|
| 07:35 - 08:05 | BODYCOMBAT™ Virtual  | Studio 2 |
| 09:15 - 10:15 | BODYCOMBAT™ Virtual  | Studio 2 |
| 12:00 - 13:00 | BODYBALANCE™ Virtual | Studio 2 |
| 14:30 - 15:00 | BODYBALANCE™ Virtual | Studio 2 |