

VIRTUAL Class Timetable

Teme Ludlow

Accurate as of 17/05/2025

Times for Tuesday 18 September



Time	Session	Facility
08:15 - 08:45	CXWORX™ Virtual	Studio 2
09:20 - 09:50	CXWORX™ Virtual	Studio 2
13:00 - 14:00	BODYCOMBAT™ Virtual	Studio 2
19:30 - 20:00	CXWORX™ Virtual	Studio 2
20:05 - 21:05	BODYBALANCE™ Virtual	Studio 2