

# VIRTUAL Class Timetable

## Teme Ludlow

Accurate as of 01/05/2024

### Times for Friday 28 September



Time	Session	Facility
08:30 - 09:00	CXWORX™ Virtual	Studio 2
10:15 - 11:15	BODYBALANCE™ Virtual	Studio 2
11:30 - 12:30	BODYCOMBAT™ Virtual	Studio 2
17:00 - 17:30	BODYCOMBAT™ Virtual	Studio 2
17:35 - 18:05	CXWORX™ Virtual	Studio 2