

VIRTUAL Class Timetable

Teme Ludlow

Accurate as of 17/05/2025

Times for Wednesday 22 May



Time	Session	Facility
08:00 - 09:00	BODYBALANCE™ Virtual	Studio 2
10:10 - 10:40	CXWORX™ Virtual	Studio 2
10:45 - 11:45	BODYCOMBAT™ Virtual	Studio 2
15:45 - 16:15	BODYCOMBAT™ Virtual	Studio 2
20:30 - 21:30	BODYBALANCE™ Virtual	Studio 2