


# Hindley Pool: Pool Sessions

## Hindley Pool and Leisure Centre

Accurate as of 07/05/2024

Times for Tuesday 8 October			
Time	Session	Facility	
07:30 - 08:30	Casual Lanes Swim	Large Pool	
08:45 - 09:30	Aqua Aerobics	Large Pool	
08:45 - 12:30	Casual Swim	Large Pool	
10:00 - 10:45	Swim Tots	Small Pool	
10:45 - 11:15	Parent and Child lesson (must prebook)	Small Pool	
11:30 - 12:15	Aqua Aerobics	Large Pool	
13:00 - 14:30	School use only	Large Pool	
13:00 - 14:30	School use only	Small Pool	
15:15 - 15:45	Casual Swim	Large Pool	
15:45 - 19:00	Swimming Lessons	Large Pool	
15:45 - 19:00	Casual Swim (Half Pool)	Large Pool	
18:00 - 19:30	Casual Swim	Small Pool	
19:00 - 21:15	Swim Club	Large Pool	