## **Lings Forum Swimming Timetable Lings Forum Leisure Centre**

Accurate as of 29/04/2024

Times for Sunday 26 August		<b>(</b>
Time	Session	
08:00 - 12:00	Trilogy Swim School	
11:00 - 17:00	General Swim (Lessons 11am-12noon, half pool available)	
17:15 - 19:30	Adult Swimming Lessons	