

Mounts Baths Swimming Timetable

Mounts Baths Leisure Centre

Accurate as of 28/04/2024

Times for Monday 22 January



Time	Session	Facility
07:00 - 08:00	11+ Fitness Swim	Main Pool 30m
08:15 - 09:15	11+ Fitness Swim	Main Pool 30m
09:30 - 10:15	Aqua Aerobics 14+	Main Pool 30m
11:45 - 13:00	11+ Fitness Swim	Main Pool 30m
13:15 - 14:15	Ladies Only Swim 16+	Main Pool 30m
14:30 - 15:45	11+ Fitness Swim	Main Pool 30m
16:00 - 19:00	Trilogy Swim School	Toddler Pool 20m
20:00 - 21:00	11+ Fitness Swim	Main Pool 30m