

Mounts Baths Swimming Timetable

Mounts Baths Leisure Centre

Accurate as of 26/04/2024

Times for Wednesday 24 January



Time	Session	Facility
07:00 - 08:00	11+ Fitness Swim	Main Pool 30m
08:15 - 09:15	11+ Fitness Swim	Main Pool 30m
09:30 - 10:15	Aqua Aerobics 14+	Main Pool 30m
12:00 - 13:30	old - no longer in use Lunchtime Lane Swim 14+	Main Pool 30m
14:30 - 15:45	11+ Fitness Swim	Main Pool 30m
16:00 - 19:45	Trilogy Swim School	Main Pool 30m
20:00 - 21:00	11+ Fitness Swim Peak	Main Pool 30m