

Mounts Baths Swimming Timetable

Mounts Baths Leisure Centre

Accurate as of 30/04/2024

Times for Friday 26 January



Time	Session	Facility
07:00 - 08:00	11+ Fitness Swim	Main Pool 30m
08:15 - 09:15	11+ Fitness Swim	Main Pool 30m
11:45 - 13:00	11+ Fitness Swim	Main Pool 30m
12:00 - 13:30	old - no longer in use Lunchtime Lane Swim 14+	Main Pool 30m
16:00 - 17:00	General Swim Peak (shared with lessons)	Main Pool 30m
16:00 - 19:00	Trilogy Swim School	Toddler Pool 20m
17:00 - 21:00	Northampton Swim Club	Main Pool 30m