## Mounts Baths Swimming Timetable Mounts Baths Leisure Centre

## Accurate as of 01/05/2024

Times for Thursday 29 March		
Time	Session	Facility
07:00 - 08:00	11+ Fitness Swim	Main Pool 30m
08:15 - 09:15	11+ Fitness Swim	Main Pool 30m
10:00 - 10:45	Aqua Aerobics (Shallow) 14+	Main Pool 30m
11:45 - 13:00	11+ Fitness Swim	Main Pool 30m
14:00 - 19:30	General Swim	Main Pool 30m
20:00 - 20:45	Aqua Deep 14+	Main Pool 30m