

Mounts Baths Swimming Timetable

Mounts Baths Leisure Centre

Accurate as of 17/05/2025

Times for Tuesday 23 October



Time	Session	Facility
07:00 - 09:00	Early Bird Swim 14+ (shared with crash courses from 8am)	Main Pool 30m
08:00 - 10:00	Swim Camps	Toddler Pool 20m
09:00 - 10:00	General Swim Peak Shared with Swim Camps	Main Pool 30m
10:00 - 12:00	Ladies Only Swim 16+	Main Pool 30m
10:30 - 12:30	Trilogy Swim School Infants	Toddler Pool 20m
12:00 - 13:30	old - no longer in use Lunchtime Lane Swim 14+	Main Pool 30m
13:00 - 14:00	Trilogy Swim School Adults	Toddler Pool 20m
13:30 - 20:00	General Swim	Main Pool 30m
14:00 - 16:00	Family Friendly Swim	Toddler Pool 20m
16:00 - 21:30	Trilogy Swim School	Toddler Pool 20m
20:00 - 20:45	Aqua Aerobics (Shallow & Deep Classes) 14+	Main Pool 30m
20:45 - 22:00	Old not in use Evening Swim (Lanes 14+)	Main Pool 30m