Mounts Baths Swimming Timetable

Mounts Baths Leisure Centre

Accurate as of 12/10/2024

Times for Thursday 25 October

Time	Session	Facility
07:00 - 09:00	Early Bird Swim 14+ (shared with crash courses from 8am)	Main Pool 30m
08:00 - 10:00	Swim Camps	Toddler Pool 20m
09:00 - 10:00	General Swim/Holiday Crash Courses	Main Pool 30m
10:00 - 10:45	Aqua Aerobics 14+	Main Pool 30m
10:45 - 12:00	General Swim Peak (shared with lessons)	Main Pool 30m
11:00 - 16:00	Family Friendly Swim (shared with lessons 1230-1430)	Toddler Pool 20m
12:00 - 13:30	old - no longer in use Lunchtime Lane Swim 14+	Main Pool 30m
14:00 - 15:30	#SPLASH(0-16yrs)	Main Pool 30m
16:00 - 19:00	Trilogy Swim School	Toddler Pool 20m
16:00 - 19:45	General Swimming	Main Pool 30m
19:15 - 20:00	Aqua Natal Class	Toddler Pool 20m
19:45 - 20:30	Aqua Aerobics (Shallow & Deep Classes) 14+	Main Pool 30m
20:30 - 22:00	Old not in use Evening Swim (Lanes 14+)	Main Pool 30m