

# Mounts Baths Swimming Timetable

## Mounts Baths Leisure Centre

Accurate as of 17/05/2025

### Times for Friday 22 February



Time	Session	Facility
07:00 - 09:00	Early Bird Swim 14+ (shared with crash courses from 8am)	Main Pool 30m
08:00 - 10:00	Swim Camps	Toddler Pool 20m
09:00 - 10:00	General Swim/Holiday Crash Courses	Main Pool 30m
10:00 - 11:00	Age Concern Aqua Aerobics	Main Pool 30m
10:00 - 11:30	Family Friendly Swim (no unaccompanied children)	Toddler Pool 20m
11:00 - 12:00	50+ Swim no longer used	Main Pool 30m
11:30 - 14:00	Trilogy Swim School Infants	Toddler Pool 20m
12:00 - 13:30	Lunchtime Swim (14+)	Main Pool 30m
13:30 - 18:00	General Swim (Lessons 4.15-4.45pm, no public lanes available)	Main Pool 30m
14:00 - 17:00	Family Friendly Swim (no unaccompanied children)	Toddler Pool 20m
17:00 - 20:30	Trilogy Swim School	Toddler Pool 20m
18:00 - 21:00	Northampton Swim Club	Main Pool 30m
20:30 - 22:00	Northampton Canoe Club	Toddler Pool 20m
21:00 - 22:00	Northampton Canoe Club	Main Pool 30m