Fitness sessions timetable Ennerdale Leisure Centre

Accurate as of 05/05/2024

| Times for Saturday 21 July | | |
|----------------------------|--|------------------|
| Time | Session | Facility |
| 9:30 am - 10:30 am | Boot camp | Main Sports Hall |
| 11:00 am - 11:45 am | Zumba | Fitness Studio |
| 11:00 am - 8:00 pm | Leisure centre closed for bank holiday | Gym |