

# Fitness sessions timetable

## Ennerdale Leisure Centre

Accurate as of 04/05/2024

### Times for Saturday 28 July



Time	Session	Facility
9:30 am - 10:30 am	Boot camp	Main Sports Hall
11:00 am - 11:45 am	Zumba	Fitness Studio
11:00 am - 8:00 pm	Leisure centre closed for bank holiday	Gym