

Fitness Class Timetable

Oulder Hill Leisure Complex

Accurate as of 15/12/2017

Times for Monday 19 June



Time	Session	Instructor
6:00 pm - 7:00 pm	Circuit Training	Gareth
7:30 pm - 8:30 pm	Aqua Zumba	Laura
8:30 pm - 9:30 pm	Mens Keep Fit	