

# Fitness Class Timetable

## Oulder Hill Leisure Complex

Accurate as of 17/05/2025

### Times for Wednesday 18 October



Time	Session	Facility	Instructor	Level
6:00 pm - 6:45 pm	Adv Circuit	Studio 3	Gareth	
6:15 pm - 7:15 pm	Step Zumba	Studio 2	Laura	