

# Fitness Class Timetable

## Oulder Hill Leisure Complex

Accurate as of 02/05/2024

### Times for Wednesday 15 August



| Time              | Session     | Facility | Instructor | Level |
|-------------------|-------------|----------|------------|-------|
| 6:00 pm - 6:45 pm | Adv Circuit | Studio 3 | Gareth     |       |
| 6:15 pm - 7:15 pm | Step Zumba  | Studio 2 | Laura      |       |