

Fitness Class Timetable

Oulder Hill Leisure Complex

Accurate as of 06/05/2024

Times for Tuesday 18 December				
Time	Session	Facility	Instructor	Level
6:00 pm - 7:00 pm	Barre (Cancelled)	Studio 2	Laura	
6:00 pm - 7:00 pm	Functional fitness	Studio 3	Gareth	