

# Fitness Class Timetable

## Oulder Hill Leisure Complex

Accurate as of 11/05/2024

| Times for Tuesday 15 January |                    |          |            |       |
|------------------------------|--------------------|----------|------------|-------|
| Time                         | Session            | Facility | Instructor | Level |
| 6:00 pm - 7:00 pm            | Barre              | Studio 2 | Laura      |       |
| 6:00 pm - 7:00 pm            | Functional fitness | Studio 3 | Gareth     |       |