

# Fitness Class Timetable

## Oulder Hill Leisure Complex

Accurate as of 28/04/2024

### Times for Wednesday 16 January



Time	Session	Facility	Instructor	Level
6:00 pm - 6:45 pm	Adv Circuit	Studio 3	Gareth	
6:15 pm - 7:15 pm	Step Zumba	Studio 2	Laura	