

Fitness Class Timetable

Oulder Hill Leisure Complex

Accurate as of 02/05/2024

| Times for Tuesday 22 January | | | | |
|------------------------------|--------------------|----------|------------|-------|
| Time | Session | Facility | Instructor | Level |
| 6:00 pm - 7:00 pm | Barre | Studio 2 | Laura | |
| 6:00 pm - 7:00 pm | Functional fitness | Studio 3 | Gareth | |