Fitness Class Timetable Oulder Hill Leisure Complex

Accurate as of 20/04/2024

| Times for Tuesday 22 January | | | | | (|
|------------------------------|--------------------|----------|------------|-------|----------|
| Time | Session | Facility | Instructor | Level | |
| 6:00 pm - 7:00 pm | Barre | Studio 2 | Laura | | |
| 6:00 pm - 7:00 pm | Functional fitness | Studio 3 | Gareth | | |