

Fitness Class Timetable

Oulder Hill Leisure Complex

Accurate as of 19/04/2024

Times for Tuesday 23 April



| Time | Session | Facility | Instructor | Level |
|-------------------|--------------------|----------|------------|-------|
| 6:00 pm - 7:00 pm | Barre (Cancelled) | Studio 2 | Laura | |
| 6:00 pm - 7:00 pm | Functional fitness | Studio 3 | Gareth | |