

Class programme at Leigh Leigh Leisure Centre

Accurate as of 26/04/2024

Times for Sunday 16 December



Time	Session
09:00 - 10:00	Circuits
10:00 - 10:45	RPM (Virtual)
10:35 - 11:35	Body Pump
11:45 - 12:15	SPRINT (virtual)
13:00 - 14:00	BODYPUMP (Virtual)
15:00 - 16:00	BODYCOMBAT (Virtual)