

Class programme at Leigh Leigh Leisure Centre

Accurate as of 17/05/2025

Times for Sunday 16 June



| Time | Session |
|---------------|----------------------|
| 09:00 - 10:00 | Circuits |
| 10:00 - 10:45 | RPM (Virtual) |
| 10:35 - 11:35 | Body Pump |
| 11:45 - 12:15 | SPRINT (virtual) |
| 13:00 - 13:45 | RPM (Virtual) |
| 13:00 - 14:00 | BODYPUMP (Virtual) |
| 14:30 - 15:15 | RPM (Virtual) |
| 15:00 - 16:00 | BODYCOMBAT (Virtual) |