

Class programme at Leigh Leigh Leisure Centre

Accurate as of 17/05/2025

Times for Saturday 18 January



Time	Session
08:45 - 09:45	Circuits
09:00 - 09:45	RPM (Virtual)
10:00 - 11:00	BODYCOMBAT
11:15 - 12:00	RPM (Virtual)
12:30 - 13:15	RPM (Virtual)
13:00 - 13:30	Fast 30
14:00 - 15:00	BODYPUMP (Virtual)
14:30 - 15:00	SPRINT (virtual)
15:15 - 15:45	RPM (Virtual)
15:15 - 16:15	BODYCOMBAT (Virtual)
16:30 - 17:15	RPM (Virtual)