## **Mounts Baths Studio Programme**Mounts Baths Leisure Centre

Accurate as of 28/04/2024

Times for Tuesday 19 September				•
Time	Session	Facility	Instructor	
09:45 - 11:00	Yoga 14+	Dance Studio	Lynn	
18:00 - 19:00	Pilates 14+	Dance Studio	Wendy	