

Mounts Baths Studio Programme

Mounts Baths Leisure Centre

Accurate as of 03/05/2024

| Times for Tuesday 26 February | | | |
|-------------------------------|-------------|--------------|------------|
| Time | Session | Facility | Instructor |
| 09:45 - 11:00 | Yoga 14+ | Dance Studio | Lynn |
| 18:00 - 19:00 | Pilates 14+ | Dance Studio | Wendy |