

Swimming Timetable

The Spa At Beckenham

Accurate as of 04/05/2024

(05-01-2015 - 11-01-2015)



Day	Time	Session	Facility
Mon	06:00 - 08:00	Swimming Clubs	Main Pool
Mon	08:00 - 16:00	Lane Swim (number of lanes determined by other pool activities)	Main Pool
Mon	08:00 - 17:45	General Swimming	Main Pool
Mon	12:00 - 13:00	Swimming Academy	Main Pool
Mon	12:30 - 19:00	Swimming Academy	Teaching Pool (20.0m)
Mon	18:00 - 22:00	Swimming Clubs	Main Pool
Mon	19:00 - 20:00	Swimming Clubs	Teaching Pool (20.0m)
Mon	21:00 - 22:00	Lane Swim (number of lanes determined by other pool activities)	Main Pool
Tue	06:00 - 18:00	Lane Swim (number of lanes determined by other pool activities)	Main Pool
Tue	06:00 - 22:00	General Swimming	Main Pool
Tue	09:30 - 15:30	Swimming Academy	Teaching Pool (20.0m)
Tue	16:00 - 18:00	Swimming Academy	Teaching Pool (20.0m)
Tue	16:00 - 19:00	Swimming Academy	Main Pool
Tue	18:30 - 19:25	AquaFit 16+	Main Pool
Wed	06:00 - 08:00	Swimming Clubs	Main Pool
Wed	08:00 - 09:30	General Swimming	Main Pool
Wed	08:00 - 17:00	Lane Swim (number of lanes determined by other pool activities)	Main Pool
Wed	09:30 - 11:00	Swimming Academy	Main Pool
Wed	09:30 - 12:00	Swimming Academy	Teaching Pool (20.0m)
Wed	09:35 - 10:25	AquaFit 16+	Main Pool
Wed	13:30 - 15:00	Swimming Academy	Teaching Pool (20.0m)

Day	Time	Session	Facility
Wed	16:00 - 18:00	Swimming Academy	Teaching Pool (20.0m)
Wed	16:00 - 18:30	Swimming Academy	Main Pool
Wed	17:00 - 22:00	Swimming Clubs	Main Pool
Wed	18:00 - 19:00	Family Splash	Teaching Pool (20.0m)
Wed	19:00 - 21:00	Swimming Clubs	Teaching Pool (20.0m)
Wed	20:00 - 22:00	Adults Only	Main Pool
Thu	06:00 - 19:30	Lane Swim (number of lanes determined by other pool activities)	Main Pool
Thu	06:00 - 22:00	General Swimming	Main Pool
Thu	09:30 - 10:30	Swimming Academy	Main Pool
Thu	09:30 - 12:00	Swimming Academy	Teaching Pool (20.0m)
Thu	12:00 - 12:45	Toddler Sing and Splash	Teaching Pool (20.0m)
Thu	13:00 - 15:00	Swimming Academy	Main Pool
Thu	13:30 - 19:30	Swimming Academy	Teaching Pool (20.0m)
Thu	16:00 - 20:30	Swimming Academy	Main Pool
Thu	19:20 - 20:00	AquaFit 16+	Main Pool
Thu	19:30 - 21:00	Swimming Clubs	Main Pool
Fri	06:00 - 08:00	Swimming Clubs	Main Pool
Fri	08:00 - 17:30	Lane Swim (number of lanes determined by other pool activities)	Main Pool
Fri	08:00 - 18:30	General Swimming	Main Pool
Fri	09:35 - 10:25	Primetime AquaFit	Teaching Pool (20.0m)
Fri	10:30 - 12:30	Swimming Academy	Teaching Pool (20.0m)
Fri	12:30 - 13:30	Family Splash	Teaching Pool (20.0m)
Fri	13:30 - 19:00	Swimming Academy	Teaching Pool (20.0m)
Fri	17:30 - 20:30	Swimming Clubs	Main Pool
Fri	18:30 - 22:00	Adults Only	Main Pool

Day	Time	Session	Facility
Fri	19:00 - 20:30	Swimming Clubs	Teaching Pool (20.0m)
Sat	07:00 - 09:00	Swimming Clubs	Main Pool
Sat	08:00 - 15:00	Swimming Academy	Teaching Pool (20.0m)
Sat	09:00 - 14:30	Swimming Academy	Main Pool
Sat	15:00 - 17:00	Swimming Clubs	Teaching Pool (20.0m)
Sat	18:00 - 19:00	Family Splash (1 hour)	Teaching Pool (20.0m)
Sun	08:00 - 18:00	General Swimming	Main Pool