

Fitness Class Programme

Padiham Leisure Centre

Accurate as of 19/04/2024

Times for Monday 13 May



Time	Session	Facility	Instructor
1:00 pm - 2:00 pm	Aqua Mix	Indoor Pool (25.0m)	
6:00 pm - 7:00 pm	Fight	Dance Studio	
7:30 pm - 8:30 pm	Power	Dance Studio	