

Fitness Class Programme

Padiham Leisure Centre

Accurate as of 10/04/2024

Times for Tuesday 14 May			
Time	Session	Facility	Instructor
9:30 am - 10:30 am	FitSteps	Dance Studio	
6:00 pm - 7:00 pm	Group RX Step	Dance Studio	
7:00 pm - 8:00 pm	Legs-Tums-Bums	Dance Studio	