

Fitness Class Programme

Padiham Leisure Centre

Accurate as of 10/04/2024

Times for Wednesday 15 May

| Time | Session | Facility | Instructor |
|--------------------|----------|--------------|------------|
| 9:30 am - 10:30 am | Centergy | Dance Studio | |
| 12:00 pm - 1:00 pm | Power | Dance Studio | |
| 6:00 pm - 7:00 pm | Fight | Dance Studio | |
| 7:30 pm - 8:30 pm | Centergy | Dance Studio | |