

# public swimming times

## Uckfield Leisure Centre

Accurate as of 29/04/2024

(12-09-2016 - 18-09-2016)



Day	Time	Session	Facility
Mon	6:30 am - 9:00 am	Lane Swimming	Leisure Pool (25m)
Mon	7:00 am - 10:00 am	Parent & Toddler (under 5s)	Leisure Pool (25m)
Mon	10:00 am - 10:30 am	Aquababes	Leisure Pool (25m)
Mon	6:15 pm - 7:30 pm	Open Swim (1 lane)	Leisure Pool (25m)
Mon	8:15 pm - 10:00 pm	Lane Swimming (3 lanes)	Leisure Pool (25m)
Tue	6:30 am - 9:00 am	Lane Swimming	Leisure Pool (25m)
Tue	7:00 am - 10:00 am	Parent & Toddler (under 5s)	Leisure Pool (25m)
Tue	1:30 pm - 2:15 pm	Open Swim	Leisure Pool (25m)
Tue	6:15 pm - 7:15 pm	Adult Lessons	Leisure Pool (25m)
Tue	6:15 pm - 8:00 pm	Open Swim (1 lane)	Leisure Pool (25m)
Tue	8:00 pm - 10:00 pm	Lane Swimming (3 lanes)	Leisure Pool (25m)
Wed	6:30 am - 9:00 am	Lane Swimming (3 lanes)	Leisure Pool (25m)
Wed	7:00 am - 10:00 am	Parent & Toddler (under 5s)	Leisure Pool (25m)
Wed	12:00 pm - 1:00 pm	Parent & Toddler (under 5s)	Leisure Pool (25m)
Wed	12:30 pm - 2:00 pm	Open Swim (1 lane)	Leisure Pool (25m)
Wed	6:15 pm - 7:30 pm	Open Swim (1 lane)	Leisure Pool (25m)
Wed	7:30 pm - 8:15 pm	Aqua Power	Leisure Pool (25m)
Wed	8:15 pm - 10:00 pm	Women Only	Leisure Pool (25m)
Thu	6:30 am - 9:00 am	Lane Swimming	Leisure Pool (25m)
Thu	7:00 am - 10:00 am	Parent & Toddler (under 5s)	Leisure Pool (25m)
Thu	11:00 am - 12:30 pm	Open Swim	Leisure Pool (25m)

<b>Day</b>	<b>Time</b>	<b>Session</b>	<b>Facility</b>
Thu	1:00 pm - 3:45 pm	Parent & Toddler (under 5s)	Leisure Pool (25m)
Thu	2:45 pm - 3:30 pm	Water Therapy	Leisure Pool (25m)
Thu	3:45 pm - 6:15 pm	Swim School	Leisure Pool (25m)
Thu	6:15 pm - 8:00 pm	Open Swim (1 lane)	Leisure Pool (25m)
Thu	8:00 pm - 10:00 pm	Lane Swimming (3 lanes)	Leisure Pool (25m)
Fri	6:30 am - 9:00 am	Lane Swimming	Leisure Pool (25m)
Fri	7:00 am - 10:00 am	Parent & Toddler (under 5s)	Leisure Pool (25m)
Fri	10:00 am - 10:30 am	Adults & Under 5s (Drop in)	Leisure Pool (25m)
Fri	2:45 pm - 3:45 pm	Parent & Toddler (under 5s)	Leisure Pool (25m)
Fri	3:45 pm - 6:15 pm	Swim School	Leisure Pool (25m)
Fri	6:15 pm - 9:00 pm	Splashdance	Leisure Pool (25m)
Sat	8:00 am - 10:30 am	Swim School	Leisure Pool (25m)
Sat	10:30 am - 11:00 am	Open Swim	Leisure Pool (25m)
Sat	11:00 am - 4:00 pm	Floats & Fun	Leisure Pool (25m)
Sat	12:00 pm - 3:00 pm	Slide / Flume Available	Leisure Pool (25m)
Sat	4:00 pm - 5:00 pm	Open Swim	Leisure Pool (25m)
Sat	5:00 pm - 6:00 pm	Open Swim (1 lane)	Leisure Pool (25m)
Sun	8:00 am - 9:00 am	Lane Swimming	Leisure Pool (25m)
Sun	9:00 am - 11:00 am	Open Swim	Leisure Pool (25m)
Sun	11:00 am - 4:00 pm	Floats & Fun	Leisure Pool (25m)
Sun	12:00 pm - 3:00 pm	Slide / Flume Available	Leisure Pool (25m)
Sun	4:00 pm - 5:00 pm	Open Swim	Leisure Pool (25m)
Sun	5:00 pm - 6:00 pm	Open Swim (1 lane)	Leisure Pool (25m)
Sun	6:00 pm - 7:00 pm	Swim Club	Leisure Pool (25m)