

# exercise class programme

## Heathfield Leisure Centre

Accurate as of 19/05/2024

| Times for Saturday 27 April |                        |              |            |       |
|-----------------------------|------------------------|--------------|------------|-------|
| Time                        | Session                | Facility     | Instructor | Level |
| 8:00 am - 8:45 am           | Freedom Indoor Cycling | dance studio | Wendy      |       |