

Poynton Leisure Centre

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Accurate as of 28/07/2024

Times for Tuesday 23 July



Time	Session	Facility
06:15 - 07:30	Lane Swim	Indoor Pool (20.0m)
07:30 - 10:00	General Swim	Indoor Pool (20.0m)
10:15 - 11:00	Aquafit	Indoor Pool (20.0m)
11:00 - 12:30	Lane Swim	Indoor Pool (20.0m)
12:30 - 15:30	Lane Swim	Indoor Pool (20.0m)