## **Poynton Leisure Centre** Poynton Leisure Centre

## Accurate as of 01/08/2024

Times for Wednesday 7 August		
Time	Session	Facility
06:15 - 07:30	Lane Swim	Indoor Pool (20.0m)
07:30 - 10:45	General Swim	Indoor Pool (20.0m)
11:00 - 11:45	Aqua Rhythmic	Indoor Pool (20.0m)
11:45 - 12:45	Inclusive Swim	Indoor Pool (20.0m)
13:00 - 21:00	General Swim	Indoor Pool (20.0m)
21:00 - 22:00	Lane Swim	Indoor Pool (20.0m)