

Poynton Leisure Centre

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Accurate as of 05/09/2024

Times for Tuesday 10 September



| Time | Session | Facility |
|---------------|--------------|---------------------|
| 06:15 - 07:30 | Lane Swim | Indoor Pool (20.0m) |
| 07:30 - 10:00 | General Swim | Indoor Pool (20.0m) |
| 10:15 - 11:00 | Aquafit | Indoor Pool (20.0m) |
| 11:00 - 13:30 | Lane Swim | Indoor Pool (20.0m) |
| 15:00 - 15:30 | Lane Swim | Indoor Pool (20.0m) |