

# Poynton Leisure Centre

## Poynton Leisure Centre

Accurate as of 11/09/2024

### Times for Tuesday 17 September



| Time          | Session      | Facility            |
|---------------|--------------|---------------------|
| 06:15 - 07:30 | Lane Swim    | Indoor Pool (20.0m) |
| 07:30 - 10:00 | General Swim | Indoor Pool (20.0m) |
| 10:15 - 11:00 | Aquafit      | Indoor Pool (20.0m) |
| 11:00 - 13:30 | Lane Swim    | Indoor Pool (20.0m) |
| 15:00 - 15:30 | Lane Swim    | Indoor Pool (20.0m) |