Ilkley Pool swimming timetable Ilkley Pool & Lido

Accurate as of 17/05/2024

Times for Wednesday 22 March)
Time	Session	Facility	
7:00 am - 9:00 am	Early Swim	Indoor Pool (25.0m)	
11:00 am - 12:00 pm	Steady Swim 60+	Indoor Pool (25.0m)	
12:00 pm - 1:30 pm	Adult Lane Swim (16+)	Indoor Pool (25.0m)	
1:30 pm - 2:30 pm	Aqua Fit	Indoor Pool (25.0m)	
2:30 pm - 3:30 pm	Swim For All (With one lane)	Indoor Pool (25.0m)	
4:00 pm - 7:45 pm	Bradford Aquatics Lessons	Indoor Pool (25.0m)	
9:00 pm - 10:00 pm	Lane Swim (Adult Only)	Indoor Pool (25.0m)	