

# Ilkley Pool swimming timetable

## Ilkley Pool & Lido

Accurate as of 19/04/2024

### Times for Wednesday 23 August



Time	Session	Facility
7:00 am - 9:00 am	Early Swim	Indoor Pool (25.0m)
11:00 am - 12:00 pm	Steady Swim 60+	Indoor Pool (25.0m)
12:00 pm - 1:30 pm	Adult Lane Swim (16+)	Indoor Pool (25.0m)
1:30 pm - 2:30 pm	Aqua Fit	Indoor Pool (25.0m)
2:30 pm - 3:30 pm	Swim For All (With one lane)	Indoor Pool (25.0m)
4:00 pm - 7:45 pm	Bradford Aquatics Lessons	Indoor Pool (25.0m)
9:00 pm - 10:00 pm	Lane Swim (Adult Only)	Indoor Pool (25.0m)