## Ilkley Pool swimming timetable Ilkley Pool & Lido

Accurate as of 05/05/2024

| Times for Tuesday 29 May |                              |                     | <b>©</b> |
|--------------------------|------------------------------|---------------------|----------|
| Time                     | Session                      | Facility            |          |
| 7:00 am - 9:00 am        | Lane Swim                    | Indoor Pool (25.0m) |          |
| 9:30 am - 10:30 am       | Toddler Splash               | Indoor Pool (25.0m) |          |
| 12:00 pm - 1:30 pm       | Lane Swim (Adult Only)       | Indoor Pool (25.0m) |          |
| 1:30 pm - 2:30 pm        | Women only 16+ (shared pool) | Indoor Pool (25.0m) |          |
| 2:30 pm - 3:30 pm        | Steady Swim (laned)          | Indoor Pool (25.0m) |          |
| 3:30 pm - 6:00 pm        | Swim For All                 | Indoor Pool (25.0m) |          |
| 6:00 pm - 9:00 pm        | Swimming Club                | Indoor Pool (25.0m) |          |
| 9:00 pm - 10:00 pm       | Lane Swim (Adult Only)       | Indoor Pool (25.0m) |          |