## Ilkley Pool swimming timetable Ilkley Pool & Lido

Accurate as of 21/09/2024

| Times for Thursday 31 May |                              |                     | • |
|---------------------------|------------------------------|---------------------|---|
| Time                      | Session                      | Facility            |   |
| 7:00 am - 8:30 am         | Lane Swim                    | Indoor Pool (25.0m) |   |
| 9:30 am - 10:30 am        | Toddler Splash               | Indoor Pool (25.0m) |   |
| 10:30 am - 12:00 pm       | Swim For All                 | Indoor Pool (25.0m) |   |
| 12:00 pm - 1:00 pm        | Lane Swim (Adult Only)       | Indoor Pool (25.0m) |   |
| 1:00 pm - 2:00 pm         | Steady Swim (laned)          | Indoor Pool (25.0m) |   |
| 2:00 pm - 3:00 pm         | Women only 16+ (shared pool) | Indoor Pool (25.0m) |   |
| 3:00 pm - 6:00 pm         | Swim For All                 | Indoor Pool (25.0m) |   |
| 6:00 pm - 9:00 pm         | Swimming Club                | Indoor Pool (25.0m) |   |
| 9:00 pm - 10:00 pm        | Lane Swim (Adult Only)       | Indoor Pool (25.0m) |   |