

# Teme Ludlow Swim Timetable

## Teme Ludlow

Accurate as of 17/05/2024

| Times for Tuesday 3 December |                           |           |  |
|------------------------------|---------------------------|-----------|---|
| Time                         | Session                   | Facility  |   |
| 07:00 - 10:30                | Lane Swimming             | Main Pool |   |
| 10:30 - 11:30                | Aqua Aerobics             | Main Pool |   |
| 10:30 - 12:30                | School Swimming           | Main Pool |   |
| 12:30 - 13:30                | Lunchtime Swim            | Main Pool |   |
| 13:30 - 14:30                | School Swimming           | Main Pool |   |
| 14:30 - 15:30                | Public Session            | Main Pool |   |
| 15:30 - 17:15                | Aquastar Swimming Lessons | Main Pool |   |
| 17:15 - 18:30                | Public Session            | Main Pool |   |
| 18:30 - 21:00                | Ludlow Swimming Club      | Main Pool |   |
| 21:00 - 22:00                | Lane Swimming             | Main Pool |   |