

# Teme Ludlow Swim Timetable

## Teme Ludlow

Accurate as of 28/04/2024

Times for Tuesday 14 July			
Time	Session	Facility	
07:00 - 10:30	Lane Swimming	Main Pool	
10:30 - 11:30	Aqua Aerobics	Main Pool	
10:30 - 12:30	School Swimming	Main Pool	
12:30 - 13:30	Lunchtime Swim	Main Pool	
13:30 - 14:30	School Swimming	Main Pool	
14:30 - 15:30	Public Session	Main Pool	
15:30 - 17:15	Aquastar Swimming Lessons	Main Pool	
17:15 - 18:30	Public Session	Main Pool	
18:30 - 21:00	Ludlow Swimming Club	Main Pool	
21:00 - 22:00	Lane Swimming	Main Pool	