

# Teme Ludlow Swim Timetable

## Teme Ludlow

Accurate as of 15/01/2025

### Times for Tuesday 17 September



Time	Session	Facility
06:30 - 10:30	Lane Swimming	Main Pool
10:45 - 11:30	Parent & Toddler Sessions	Main Pool
10:45 - 11:30	Aqua Aerobics	Diving Pit
11:30 - 13:15	Lane Swimming	Main Pool
13:30 - 14:30	School Swimming	Main Pool
14:45 - 17:30	Aquastar Swimming Lessons	Main Pool
17:30 - 18:30	Public Session	Main Pool
18:30 - 20:30	Ludlow Swimming Club	Main Pool
20:30 - 22:00	Lane Swimming	Main Pool