

Teme Ludlow Swim Timetable

Teme Ludlow

Accurate as of 15/01/2025

Times for Friday 20 September



Time	Session	Facility
06:30 - 09:30	Lane Swimming	Main Pool
09:30 - 10:30	School Swimming	Main Pool
10:30 - 11:30	Adult Lessons	Main Pool
10:45 - 11:30	Parent & Toddler Sessions	Main Pool
10:45 - 11:30	Aqua Aerobics	Diving Pit
11:30 - 13:15	Lane Swimming	Main Pool
13:30 - 14:30	School Swimming	Main Pool
14:30 - 15:30	Lane Swimming	Main Pool
15:45 - 18:30	Aquastar Swimming Lessons	Main Pool
18:30 - 20:00	Ludlow Swimming Club	Main Pool