

# Garstang Swimming Timetable

## Ymca (Garstang Swimming Centre)

Accurate as of 02/01/2025

### Times for Thursday 7 November



Time	Session	Facility
08:00 - 08:45	Adult Members and Adults only	Swimming Pool
12:00 - 12:45	Public Swimming	Swimming Pool
15:30 - 19:30	Public Swimming	Swimming Pool
16:00 - 20:00	Swimming Lessons	Swimming Pool
19:30 - 20:00	Junior Swim Fit	Swimming Pool
20:00 - 21:00	The SwimFit Programme	Swimming Pool