

Fleetwood Swimming Timetable

Fleetwood YMCA Leisure Centre

Accurate as of 17/05/2025

Times for Monday 22 July



Time	Session	Facility
06:30 - 07:30	Swim Fit	Main Pool
07:30 - 09:30	Adults Only Public Swimming	Main Pool
07:30 - 09:30	Adult Lane Swimming	Main Pool
07:30 - 09:30	Adult Lane Swimming	Main Pool
09:00 - 09:45	Aqua Aerobics	Main Pool
09:30 - 12:45	Public Swimming	Main Pool
09:30 - 12:45	Public Swimming	Main Pool
09:30 - 12:45	Public Swimming	Main Pool
10:00 - 11:00	Mermaid Sessions	Main Pool
13:00 - 14:00	Fun Swim	Main Pool
13:00 - 14:00	Adult Lane Swimming	Main Pool
13:00 - 14:00	Fun Swim	Main Pool
13:00 - 14:00	Adult Lane Swimming	Main Pool
13:00 - 14:00	Fun Swim	Main Pool
13:00 - 14:00	Adult Lane Swimming	Main Pool
14:00 - 16:30	Public Swimming	Main Pool
14:00 - 18:30	Public Swimming	Main Pool
16:30 - 17:30	Lane Swimming	Main Pool
18:30 - 19:30	Adult Lane Swimming	Main Pool
19:30 - 21:00	Rookie Lifeguards	Main Pool