


# Poulton Swimming Timetable

## Poulton Ymca Swimming & Fitness Centre

Accurate as of 05/05/2024

| Times for Monday 28 May |                                  |               |  |
|-------------------------|----------------------------------|---------------|---|
| Time                    | Session                          | Facility      |   |
| 08:00 - 12:00           | Public Swimming                  | Swimming Pool |   |
| 09:00 - 11:00           | Intensive Swim Lessons           | Swimming Pool |   |
| 12:00 - 13:15           | Adults Only                      | Swimming Pool |   |
| 13:30 - 14:30           | Adventure Fun Swim (Swimmers 8+) | Swimming Pool |   |
| 14:45 - 16:00           | Half Price Family Swims          | Swimming Pool |   |