

Poulton Swimming Timetable

Poulton Ymca Swimming & Fitness Centre

Accurate as of 26/04/2024

Times for Monday 28 May



Time	Session	Facility
08:00 - 12:00	Public Swimming	Swimming Pool
09:00 - 11:00	Intensive Swim Lessons	Swimming Pool
12:00 - 13:15	Adults Only	Swimming Pool
13:30 - 14:30	Adventure Fun Swim (Swimmers 8+)	Swimming Pool
14:45 - 16:00	Half Price Family Swims	Swimming Pool